

# DRAWN TO THE VALLEY

Come and visit some of our wonderful  
Makers and Artists

at

Yelverton Memorial Hall

on the

25th and 26th of November

10am - 5pm



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## MISSION STATEMENT

Drawn to the Valley provides a great network for artists, a way of keeping in touch and exhibiting work inspired by their passion for the beautiful Tamar Valley area and beyond.

## OUR VISION

Drawn to the Valley group is an artist led initiative, membership is open to professional artists and craftspeople living and/or working in the Tamar Valley area. Drawn to the Valley was formed by the artists themselves over a decade ago, mainly as a support network, but also in order to promote the Tamar Valley area, bringing the area of natural beauty to life through art.

We encourage content for the newsletter, do email us your news.  
[contactdttv@gmail.com](mailto:contactdttv@gmail.com)

Please share your news and latest work on our social media pages:

Facebook: @DrawntotheValley

Twitter @Drawn2Valley

Instagram @drawntothevalley



[contactdttv@gmail.com](mailto:contactdttv@gmail.com)

# DRAWN TO MAKE

## Festival of contemporary makers

10<sup>am</sup> - 5<sup>pm</sup> Saturday 25<sup>th</sup> and Sunday 26<sup>th</sup> November 2023



**YELVERTON MEMORIAL HALL**

Meavy Lane, Yelverton, PL20 6AL



Café in support of Plymouth & Cornwall Cancer Fund



Drawn to Make is a fantastic exhibition highlighting the Makers of Drawn to the Valley, and perfectly timed to grab yourself some Christmas gifts

LOOKING FOR LOCAL ART BY TAMAR VALLEY ARTISTS?

Why not visit our [ONLINE GALLERY](#)



# Drawn to Make

Drawn to Make  
25th – 26th November  
Yelverton Memorial Hall

This year Drawn to Make will take place in Yelverton Memorial Hall, a bright airy venue with great facilities to support our artists and guests.

We held our highly successful Spring Exhibition there in March, so we're very pleased to have the opportunity to return. As the event is a little later in the year than on previous occasions, we anticipate a vibrant weekend full of Christmas cheer.

The Exhibition Group, led by Lyn Edwards and Sally O'Neill, look forward to seeing you there, as an artist or for your friendly support.





# Meet our new administrator

The Drawn to the Valley committee would like to introduce you to Adrian Bower, our new Administrator. Adrian has been appointed from 1st November to take over from Imogen as our lead Administrator for all tasks relating to the website, membership and for support of Drawn to the Valley events.

He is very much looking forward to meeting and working with the members. Adrian comes from a background of teaching. He loves the arts and culture. As well as fulfilling his role for DttV, he is a musician currently working in eight projects and a poet.



We are very happy to announce that Imogen is expecting a baby in March and in consequence is reducing her hours of work with us. She will focus on providing support to our Treasurer and will work closely with Adrian during 2024. In essence we now have an Administrative Team .



# General Notice

**We need YOU!**

**Desperately seeking Drawn to the Valley committee members**

**Without YOU, our network will cease to exist**

As we enter the 20th Anniversary year of Drawn to the Valley, we seek visionary new committee members.

How would you like to see our artistic network develop and grow? Do you have novel ideas for events and exhibitions?

Would you be free to join us for one morning a month to help shape the direction of Drawn to the Valley?

If so, please contact our Administrator for an application form email:  
[contactdttv@gmail.com](mailto:contactdttv@gmail.com)

Please submit your form by 12th November, in advance of our AGM on 9th November. To arrange an informal discussion on the role of the Executive Committee, email our Chair

Dr Anne Payne:  
email [annepayne29@gmail.com](mailto:annepayne29@gmail.com)

**Annual General meeting - A chance to have your say -  
Thursday the 16th of November - The Tamar Valley  
Centre**

Our committee has worked very hard this year putting on a range of events. At our AGM on Thursday 16th November we say goodbye to two members of our committee who have served their 3 year term, Gilly Spottiswoode (Treasurer) and Kathy Lovell (Vice Chair). I am sure you will all join me in thanking them for their service.

Next year, 2024, is an exciting year for Drawn to the Valley as we look forward to celebrating our 20th anniversary

This year the AGM will be held at The Tamar Valley Centre -  
Cemetery Rd, Drakewalls, Gunnislake PL18 9FE



# Featured Artist - Sarah Brown

Having grown up in North Cornwall my creative work is strongly influenced by nature and the environment around me.

As a teenager I was distracted from a creative path by being advised to 'get a proper job'. This led me to train initially as a veterinary nurse and I followed this with a thankfully brief period in the civil service.

By twenty I had seen the light and enrolled at Plymouth Art College for a two year jewellery making course, followed by a degree at Marjons ( now Marjon University ). Coming out with a qualification in the recession of the late 1980's meant few job possibilities so I started my own business in community and environmental art/education while also undertaking a teaching qualification at Plymouth University. For many years I worked with community groups, schools, colleges and also freelanced for organisations such as Plymouth Museum and Art Gallery and the National Trust.

Having always been strongly influenced by the sea and marine creatures I decided it would be great to work at the then brand new National Marine Aquarium. As their Education Officer I built a strong education programme based on integrating art and science - something not done in other UK aquariums at this point. I also ran a programme of art exhibitions and artists-in-residence schemes, which combined exhibiting work with public workshops based on marine life and the sea. This was followed by 4 years at the Prince's Trust and ten years at Arts University Plymouth working with young people from disadvantaged backgrounds or with educational or personal difficulties.

With my own work I enjoy creating artefacts with a narrative, each piece has its own story to tell. I mainly work in 3D, and in mixed media which includes textiles, foils, wire and beads. Some of my figures are created from papier mache, scrim, and plaster and painted with acrylics. They can be imposing, humorous or thoughtful.

My work is rich and colourful and can be quirky and rather fantastical.

I also design upcycled jewellery from found objects and packaging, stitching into the surfaces and layering with gold leaf and fabric. I like the idea of finding something worthless and transforming it into something beautiful. Or taking something discarded and creating an object or piece that others want to wear or have in their homes.



Much of my work is nature based, which can be naturalistic or imaginative such as this textile bird entitled 'Transform'.



# Featured Artist - Sarah Brown



'And the Earth was filled with the song of birds....'  
A Lockdown project I made from papier mache, boxes, newspaper articles about covid, and stained with the tea bags from all the tea I drank.

Recently I have become nostalgic about the past and have been doing some sketchbook work exploring themes like grief and loss, life stages, and special places. Below is a collage of a Holy Well near where I grew up in Cornwall. It is a unique and ancient place.



Work in progress - a new range of animal and bird totem necklaces.



# 12 Market Makers



**Keeping the group small helps to make it inclusive and supportive but we do allow our four legged friends to join us!**



**Some of the 12 Market Makers at work**



**Article written by Sarah Brown**

This cohort of creatives has grown from a previous group run by Sheron King at the wonderful Mad Hatters Studio, Plympton. Since Covid struck and for other various reasons Sheron was unable to run this group formally known as 'Stitchin'. Early in 2023 we decided to reform and became known as The 12 Market Makers - the name is linked to Market Hall, Plymouth, which now hosts our monthly meetings. Members have a huge variety of skills largely based around textiles and stitching, but also incorporating weaving, stained glass, mixed media and jewellery. In this lovely space we can share ideas, find out about other creative enterprises, network and develop our own projects, while drinking lots of coffee and tea and eating cake or pastries.



# Pop up opportunity for exhibition space at 4/4 Gallery, Callington

Contact: Carolyn at [wixon.art@gmail.com](mailto:wixon.art@gmail.com)





# Seeking Space - Tavistock

## Gallery and studio space in Tavistock -

A request for information from John Dixon

Myself and a few of the artists in the Tavistock area are looking to set up a gallery and studio space in or around the town. Maybe starting with a pop up in an unused shop, but always with the intention of finding a more permanent base to exhibit our art, and allow some of us to have studios. I am trying to gauge demand so if any DTTV members are interested in exhibiting in an artist run gallery, permanently or on an occasional basis, or interested in having some studio space please let me know by email at

[onejohndixon@gmail.com](mailto:onejohndixon@gmail.com)



# You are invited to a festive fundraising event to support Shekinah Mission.

We will have beautiful, original art and vintage and antique gifts for yourself or others. Mince pies and something soothing awaits you.

This is a collaborative event between the Artist Marianne Sturtridge and Sharon Vinson of Vintage at Shekinah.

Your support will be appreciated so please come along to treat yourself to some unique gifts whilst supporting people in need of your generosity.

**Venue: 68 Hermitage Road, PL3 4RY.**

**Date and time: Wednesday 6th and Thursday 7th December  
Time: 4.00pm - 7.00pm**





# Assemblage Art

## The Art of Recycling

work by Andy Cairns, Gill Cairns, John Dixon,  
Lyn Edwards, Gerrard Lindley & Lynn Muir



**Blanchminster Room, Bude Castle**  
**Sat 4th - Thurs 23rd Nov**

6 artists show the potential of recycled materials to create a wide range of creative work. From direct environmental messages to whimsical constructions, this exhibition will both inspire and provoke thought.

**The Castle Heritage Centre and Gallery**



# West Devon Art Workshops

community

diversity

learning

wellbeing

friendships

fun

creative

encouraging

[www.westdevonartworkshops.co.uk](http://www.westdevonartworkshops.co.uk)

West Devon Art workshops is planning to open an Art Centre in Tavistock in the spring. Listed building consent has now been secured to adapt the proposed venue. The centre will be fully accessible with a 2D and a 3D room plus gallery space. The whole venue will be easily reorganised for larger exhibitions at weekends and during weeks when classes aren't run.

The ethos of the centre will be making the arts accessible and affordable to all.

We are looking for experienced/qualified art teachers who agree with our ethos and might be interested in running evening or weekend classes, summer holiday classes, children and young people art clubs etc.

We are also looking for artists/craftspeople who would be interested in hiring the venue for exhibitions.





## Friday Art & Craft Classes

at the Printworks, Pym St, Tavistock

15th Sept 10.00—3.30

### Textured Landscapes & Seascapes Incorporating Tyvek

£33

Build up a textured surface incorporating TYVEK.  
Explore layering paint & inks to create exciting images.



22nd Sept 10.00—3.30

### Mixed Media & Collage Venice Buildings

£32

Use painting & collage techniques to create  
vibrant Venetian scenes



17th Nov 10.30-4.00

### Natural Dyeing & Tie Dye

£33

Create vibrant tie dye designs and explore  
natural dyeing techniques using vegetable  
skins, berries and modifiers to create a  
wonderful range of colours.



24th Nov 10.00—3.30

### Brusho Seedpods

£32

Explore using wax resist, bleaching out  
& sprinking techniques with this  
exciting media.



1st Dec 10.00—3.30

### Watercolour Christmas Cards

£32

Create images of snowdrops with  
experimental backgrounds using salt &  
Clingfilm.

8th Dec 10.00-3.30

### Mixed Media Collage & Print Xmas Cards or Mini Art work

£32

Make your own decorative papers to create  
vibrant images



To book:

Tel 07724 153381

e-mail: westdevonartworkshops@gmail.com



www.westdevonartworkshops.co.uk

## Expressive Figure Drawing

Develop your figure drawing style through group exercises and one  
to one tuition in this four session course.



Tuesdays 14th Nov to 5th Dec

10:00 to 12.30

At the Guide Hall, next to Beford Car Park, Tavistock PL19 0HD  
£100 including life model, basic materials, tea and coffee

To book: Email westdevonartworkshops@gmail.com

Or Phone: 07724 153381



## Sound as a Healing Modality

I regularly lead Sound Healing and Sound Baths for several Circle groups, as well as local Yoga and Ayurveda retreats. This year I have led sixteen Sound Baths: for autistic and neurodiverse adults, for Yoga Retreats, for some circle groups and an academic conference.

I will explain how sound works as a holistic healing modality:

Everything in the universe vibrates at its own individual frequency, including the human body. If part of our body is unwell or we have a 'dis-ease', then the whole body feels unbalanced. We can bring ourselves into alignment by using sympathetic vibrations and resonance. Every cell in our body, not just our hearing, enjoys and responds well to sound. Also, sound travels at great speed in water, and we are made up of approximately seventy percent water, so directed sound can reach and re-balance our internal organs.

During a one to one Sound Healing appointment, I am guided by the individual client, so no two sessions are the same.

In a group Sound Bath, participants lie down, while I make sounds, vocal and instrumental, carrying powerful Healing transmission.

Many people associate a Sound Bath with large gongs. However, I've been trained in Sound Healing using voice and specialist healing instruments: Himalayan Bowls, (some very ancient), small gongs, Heart Sounding Bowls (a string instrument made in Devon), Ocean drums, Koshi wind chimes, Frame drum and Rattle. I use a combination of some or all of them during the session.

The Sound Bath aims for deep relaxation, but any Healing with Sound can bring up sensations on different levels of awareness, and there is always time for sharing, during the closing ritual.

I am a member of the UK College of Sound Healing, a Reiki practitioner and member of the Complementary Medical Association.

Contact: [teresa@teresawicksteed.co.uk](mailto:teresa@teresawicksteed.co.uk)

07968 941854





# Steve Savage



## Upcoming events

- 28 Oct Wildlife Pastel Lesson by Steve
- 4 Nov Arts Market, Butchers Hall, Tavistock
- 10 Nov (evening) – Launch at Salar Gallery, Hatherleigh (5pm-8pm)
- 18 Nov Castle Hill Creatives, Arts and Crafts show, Torrington
- 01 Dec Gotland Gin, Highampton (6pm-9pm)
- 18-20 Dec Christmas Market, Butchers Hall, Tavistock

I have been a wildlife photographer as a keen amateur for most of my life but only took up drawing last December (before that my previous drawings were mostly 'colouring in' as a child nearly 40 years ago). My art journey over the last year has been fantastic, and I threw myself into drawing and painting, trying various mediums but settling (for now) with soft pastels and pastel pencils. Given my relative inexperience, I am delighted and humbled to be launching in Salar Gallery in Hatherleigh on 10 Nov. We have planned an evening opening, around 5pm, where I will be showcasing my pastel drawings of wildlife. Just prior to that I have been asked to give a lesson in my local village to the art group on how to draw realistic wildlife with pastels. I am looking forward to that but slightly apprehensive as most of the group have been painting or drawing for 20 years + but I plan on sharing the specific techniques I have learned over the last year on realistic wildlife drawing which is very different from the styles of the rest of the group.

I will also be displaying my art at some other events this year including the Arts Market at Tavistock on 4 Nov, Castle Hill Creatives exhibition on 18 Nov, Gotland Gin, Highampton on 1 Dec and the Christmas Market at Butchers Hall, Tavistock on 18-20 Dec. I am looking forward to sharing my new passion with art collectors and enthusiasts and gain feedback on my work. There will be original drawings/paintings for sale as well as limited edition fine art prints at all these events.



# Steve Savage



Mallard Duck and a Brown Trout. Reference photo by my good friend, Paul Colley. Title of the piece is 'Life Beneath'. The biggest challenge of this piece was drawing the reflections, very different from animal fur which is my usual forte.

Gotland Sheep from my local farm (Gotland Gin farm). Reference photo by me, taken of a very friendly sheep called 'Bella', which is the title of this piece. I found the challenge of this piece was getting all the different fur directions.



Leopard growling. Again on safari, we were lucky enough to see a lone leopard stalking through the grass and then separately a mother leopard up a tree with her cub and her recent kill. I ended up downloading a royalty-free reference photo of a leopard growling to use as the basis for my drawing as my shots were taken from a distance, but I used my experience studying the leopard in its natural habitat to try and bring out its nature in my drawing. I called this piece 'Instinct'



# COMMITTEE - WHO'S WHO



Anne Payne  
Chair



Kathy Lovell  
Vice Chair



Gilly  
Spottiswoode  
Treasurer



Stef D'amico  
Committee  
Member



Debra  
Parkinson  
Committee  
Member



Carolyn Wixon  
Committee  
Member



Jess Maslen  
Committee  
Member



Allie Cole  
Committee  
Member



Vivienne  
Pierina Lee  
Committee  
Member



Imogen  
Choroszewska  
Administrator

**CAN YOU HELP?** We are currently seeking two members to become Area Reps, one for Saltash and one to help Anne Wood in Tavistock. If you are interested, please contact JULIET CORNELL for more information or an informal chat.



## WHO'S YOUR AREA REP?

BUDE/LAUNCESTON/LIFTON:  
PL15, PL16 & EX22, EX23  
SOPHIE FORDHAM  
sophie@fordhamsrgo.plus.com  
01566 772674

GUNNISLAKE/CALSTOCK: PL18  
PETER URSEM  
peter@peterursem.co.uk  
07786 558624 / 01822 833668

SALTASH: PL12  
CURRNELTY VACANT  
Can you help?

TAVISTOCK: PL19  
ANNE WOOD  
mrs.anne.wood@btinternet.com  
01822 615587

RAME PENINSULA: PL10 / PL11  
CHARLOTTE SAINSBURY  
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01752 658737

YELVERTON: PL20  
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PLYMOUTH : PL1 – PL7 & PL9  
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