

# Princess Anne visits Merryhue Farm



Her Royal Highness, The Princess Royal visited Merryhue Farm in February, where she learned about the projects that the not for profit community interest companies Battling On, Work Skills South West, Transferable Skills Training and Grown That Way have been working on. We also had presenters from other local groups, including Age UK, Tamar Grow Local and Plymouth University.

Amongst the projects which the Princess Royal reviewed was the programme of workshops which have been run by Drawn to the Valley members to help. Due to the extension of funding from the Arts Council, this project is now due to run until at least April and probably throughout 2022.

**If you are a Drawn to the Valley Member interested in leading a workshop, or a person wishing to attend one, please contact:  
Sue Johns on: [sue@battling-on.com](mailto:sue@battling-on.com)**

FEAST is a programme to make great art happen across Cornwall.

FEAST harnesses the talents and energy of Cornwall's artists and communities, generating new opportunities for everyone to enjoy the arts.

The focus is on bringing people together to share experiences as audiences or participants, and on animating local celebrations and cultural life.

Investment for FEAST comes from Arts Council England and Cornwall Council. The programme is managed by Creative Kernow.



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## MISSION STATEMENT

Drawn to the Valley provides a great network for artists, a way of keeping in touch and exhibiting work inspired by their passion for the beautiful Tamar Valley area and beyond.

## OUR VISION

Drawn to the Valley group is an artist led initiative, membership is open to professional artists and craftspeople living and/or working in the Tamar Valley area. Drawn to the Valley was formed by the artists themselves over a decade ago, mainly as a support network, but also in order to promote the Tamar Valley area, bringing the area of natural beauty to life through art.

We encourage content for the newsletter, do email us your news. Please share your news and latest work on our social media pages:  
[facebook.com/Drawn-to-the-Valley](https://facebook.com/Drawn-to-the-Valley)  
Twitter - [Drawn2Valley](https://twitter.com/Drawn2Valley)  
Instagram - [#drawntothevalley](https://www.instagram.com/drawnntothevalley)

**COPY DEADLINE IS THE LAST DAY  
OF EACH MONTH**



Supported using public funding by  
**ARTS COUNCIL  
ENGLAND**



Administrator: Ren Jackaman  
Tel: 07878 368857  
[contact@drawntothevalley.com](mailto:contact@drawntothevalley.com)

# NOTES FROM YOUR EDITOR



Hi guys and gals -I hope you read the recent Mailchimp to all members which highlighted all the demonstration and teaching opportunities around the valley.

So, do you want to earn a bit - doing exactly what you love whilst helping others to love it too and express themselves along side?

From many years experience I can say that it is so rewarding to share hands-on experience and knowledge with others - especially those who may be going through a bad patch, for whatever reason. See how it brings out expression, a sense of self esteem and achievement, both in the clients and the facilitator; it is well worth the effort to get it off the ground.

Good luck those who have a go, especially if it is all new to you.

I am still looking for my replacement as Editor, please email me for a chat if you're interested.

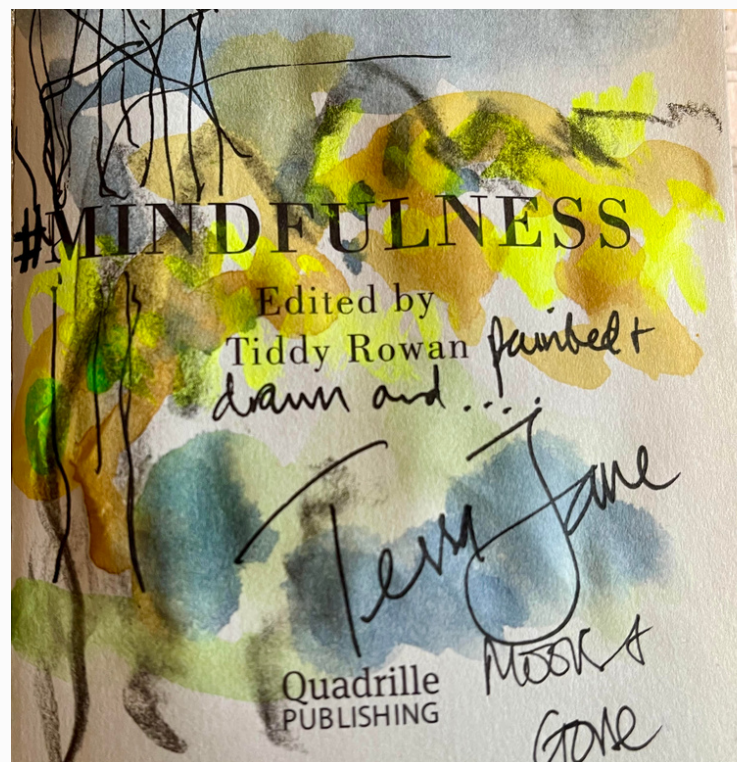
Mel Guy - Editor [meljoyguy@hotmail.com](mailto:meljoyguy@hotmail.com)

## An Appeal from Tessa Jane

March is an MS Awareness Month. Join me for #MindfulMarch

I will post daily from these prompts. I am pledging to try and raise £10,000 for 10 years of Overcoming MS. I can't do it alone so am starting my fundraising awareness campaign and ask that you join me. There will be a second set for #AprilAction

Follow the fun, find 10 minutes daily to join in. Challenge yourself with a #TenForOMS get sponsored or help spread the word. As an ambassador I am working with the OMS Team and Delamore Arts to achieve this. We have a plan! Follow, find out and help #shoutoutaboutit I'm looking for artists who would like more exposure by doing a demonstration or workshop in May at Delamore Arts. Contact [tessajanedesigns@gmail.com](mailto:tessajanedesigns@gmail.com)





# Featured Artist – Lauren Jobe



I started my business in the early part of last year after finding myself falling out of love with my previous job. This was the best decision I have ever made; I am now doing what I love and building it into a business.

I started out creating landscapes with oil paint but wasn't getting excited about them. I wanted colour, I wanted to make something different and new, and this is where pour painting started. I use a range of pour painting techniques which include straight pours, dirty cups and my favourite, Dutch pouring. I love using acrylic paints, they are so bold and vibrant. I mix the paint with a gloss medium, PVA glue, water and sometimes silicone oil to get those beautiful cells.

My biggest achievements so far have all come in the past few weeks, I am in the process of setting up my own exhibition in Tavistock library which will be available to view from the 8th -31st of March and my mini artworks will have a home in a new shop coming to Tavistock. So, this year has already brought some amazing opportunities.

BELOW LEFT: Miniature artwork, 9 squares - acrylic, pouring medium, PVA glue, water

BELOW CENTRE: 'Emerald', Acrylic paint and pouring medium

BELOW RIGHT: Miniature artworks, 1 square and 4 squares acrylic, pouring medium, PVA glue, water





# Featured Artist – Lauren Jobe

Q: What's your favourite place?

A: My favourite place to be is 100% Florida (specifically Disney World) I have never been somewhere where I felt more like I was on a different planet, all your cares disappear, and you forget about the outside world. It's such a beautiful feeling.

Q: What's your favourite book/film?

A: My favourite book is Brandon Sanderson's Mistborn trilogy. Again, it gives a feeling of escapism. You are transported to a fantasy world that has so many twists and turns, it constantly keeps you on your toes. I would urge anyone to read them. My favourite film changes very often so here is a few that I absolutely love:

1. Kill bill – Just an artistic masterpiece.
2. CODA – Get the tissues ready, beautiful film.
3. What we do in the shadows – Funniest film I have watched in a long time.

Q: Who would you most like to meet (anyone dead or alive)?

A: If I could only pick one person to meet, I would probably say Tom Hiddleston, just look at him... need I say more! My motivation to get my business to be a success is my family, they have supported me through the highs and lows of this business and my drive to make it a success is because of them. I want to be able to repay them for everything they have done for me and there is no bigger motivation than that.

Hopefully you feel like you know me and my story a bit better now. I want to thank everyone in the DTTV group for giving me some amazing opportunities and giving me the tools to get my business seen.

You can view Lauren's Gallery [HERE](#)



ABOVE: 'In the Rose Garden' it's acrylic paint, pouring medium, PVA glue and water.

BELOW: 'Circadian rhythm' acrylic, pouring medium, PVA glue, water



Paintings by Lauren



# Spring Exhibition – The Valley Awakens



We are pleased to be able to confirm arrangements for our Spring Exhibition, which will take place at the Tamar Valley Centre between 28th May and 4th June.

The theme this year is 'The Valley Awakens' and the Spring Exhibition will feature new works from our artists that have been shaped and inspired by the unprecedented experience of living in the Tamar Valley Basin during a Worldwide Pandemic.

The application form is now open to members wishing to apply for a space, please click [HERE](#) to access it. You will also be sent a link to the application form via email. Space is limited so applicants will be allocated a spot on a first come, first served basis.

Delivery and set up will take place on Thursday 26th May, hanging on Friday 27th May with an evening preview by invitation. On the 4th June, an afternoon tea will be offered in honour of the Platinum Jubilee.

Deadline for applications: 25th April 2022.

Original artworks will be available for sale at this exhibition and can also be purchased via the website [GALLERY](#)



**We don't stop  
playing because  
we grow old, we  
grow old because  
we stop playing**

[www.alastairguy.co.uk](http://www.alastairguy.co.uk)



# News from our Members



CAROLYN WIXON This work (left) shows a radical departure from my usual landscapes. I've been creating a series on addiction following travels in Kenya.

I have also been inspired by the beauty of the mist forests on the island of Mahe and the endemic flora found there. I love the ferns and palm trees and was fascinated by the way that the Pitchers grow out of the ends of the leaves.

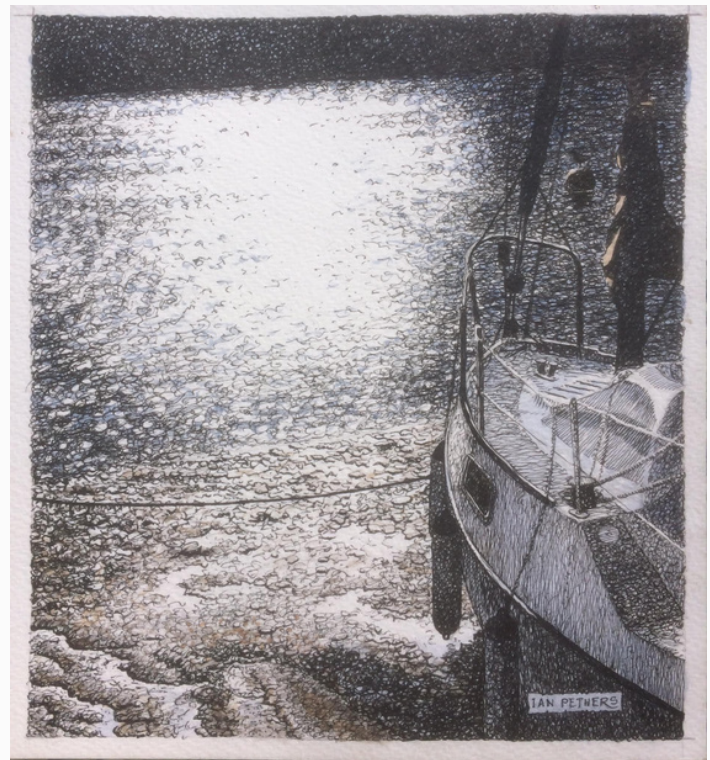
This painting is called "The Pitcher Plant and the Thief Palm" and combines the two elements to tell an allegorical tale of the complexities of relationships and addiction.

View Carolyn's Gallery [HERE](#)

## IAN PETHERS

Here's one of my latest ink and watercolour works: 'Low Tide, Calstock (right)'. I currently have around a dozen works at the Cotehele Bullpen Gallery mostly studies in ink and watercolour. I am at present working on similar creations for our Spring Exhibition.

View Ian's Gallery [HERE](#)



## MATT KAVANAGH

I reached out to Host Gallery in Plymouth a couple of weeks ago and they have started to exhibit my work (left). I have also sold a piece through them within the first week.

I am extremely overwhelmed as they showcase Local, National and Internationally recognised artists. It is a great honour!

View Matt's Gallery [HERE](#)





# News from our Members

ROSEMARY WOOD currently has an Art Exhibition at Tavistock Wharf which has been running from January 26th and will now continue by request until March 26th 2022.

The Wharf Gallery is open Monday–Saturday, 10am–3.30pm.

View Rosemary's Gallery [HERE](#)



## BARBARA BECKERLEG

On January 22nd we went to a Charity Ball in Stroud organised by my niece and her friend who have both recovered from breast cancer!

It was to celebrate this wonderful feeling of relief, and to raise as much money as possible for Cancer research. (£17,000 in the end!)

I offered to paint a pet portrait in oils as one of the online auction prizes. So I've been painting 'Ronnie' and just have to add his whiskers.

View Barbara's Gallery [HERE](#)

## ROSIE CUNNINGHAM

There are two exhibitions coming up for this Plymouth based artist.

Rosie runs the website 4Artsake, where you will find a wide selection of her art to view and purchase.

Her studio and gallery; Studio 88, is situated at 88 Albert Rd, Stoke, in Plymouth UK, PL2 1AF.

Visitors are always welcome to visit for a coffee and browse.

View Rosie's Gallery [HERE](#)





# WHAT'S ON?

## YELVERTON art festival

Yelverton War Memorial Hall

Sat 5th March 12-5pm

Sun 6th March 10am-4pm

\*local art exhibition

\*stalls

\*art workshops Sat: willow and tissue  
Sun: fun with clay

\*tea, coffee & cakes

Enquiries to: [yelvertonartfestival@gmail.com](mailto:yelvertonartfestival@gmail.com)

Fundraising for:



## TERESA WICKSTEED

Member of UK College of Sound Healing  
BA Hons, MA, PGCE



Individual Sound and Distant Healing in my Yurt  
on the Rame Peninsula

07968941854

FIRST DISTANT HEALING FREE



[Teresa@teresawicksteed.co.uk](mailto:Teresa@teresawicksteed.co.uk)



## Art For All

Make Art & Make New Friends

Thursdays 1:30 to 4:00

The Morse Room, The Printworks, Pym Street, Tavistock

£8 per course - donations welcome

COVID-19 risk management plan in place to keep you safe

Expressive Drawing

17, 24, 31 Mar & 7th Apr

Experiment with exaggeration and abstraction using  
strong tone and bold colour



Booking essential as places are limited:

Please state clearly your preferred time plus first  
preference if interested in more than one course.

e-mail [westdevonartworkshops@gmail.com](mailto:westdevonartworkshops@gmail.com)



[www.westdevonartworkshops.co.uk](http://www.westdevonartworkshops.co.uk)

## 'ARTSEMBLE'

ARTS & CRAFTS SESSIONS

For anyone who is socially isolated or lonely, who may be suffering from anxiety or depression or other MH issues, or who is a carer and needs a bit of TLC.

March 2022

Callington/Caradon/Launceston Area

Tuesday 1st - 12:30-2:30 - South Hill Parish Hall, Golberdon, PL17 7ND  
Watercolours

Tuesday 8th - 11:00-1:00 - Sterts Theatre, Upton Cross, PL14 5AZ  
Silk Paper Making

Tuesday 15th - 12:30-2:30 - South Hill Parish Hall, Golberdon, PL17 7ND  
Whiteware Painting

Monday 21st - 11:30-1:30 - Central Methodist Church, Launceston, PL15 8BA  
Calleograph & Drypoint

Tuesday 22nd - 10:30-12:30 - Sterts Theatre, Upton Cross, PL14 5AZ  
Willow Platter Making

Tuesday 29th - 12:30-2:30 - South Hill Parish Hall, Golberdon, PL17 7ND  
Watercolours

Sessions are free, but donations for refreshments will be welcomed.  
Fully accessible for wheelchair users.

For further info, please call: 01579 384 798  
Or email: [sue@battling-on.com](mailto:sue@battling-on.com)



# WHAT'S ON?



**Friday 8th April**  
1pm-4.30pm  
**Saturday 9th April**  
10.30 am - 4.30pm  
**Sunday 10th April**  
10.30 - 4.30pm

Tamar Valley Centre  
Drakewalls  
PL18 9FE  
///  
quitter.snore.mural



**TAMAR VALLEY MAKERS**

- ♦ **Bev Moody**...Textile Artist
- ♦ **Alison Freshney**...Ceramics & Cyanotypes
- ♦ **Mrs Marvellous**... Memory Maker & Textile Artist
- ♦ **Kathy Lovell**... Jewellery Maker
- ♦ **Stef D'amico**...Prints, Textiles Ceramics
- ♦ **Allie Cole**... Artist and Printmaker
- ♦ **Gilly Spottiswoode**... Linoprint Maker

Guest artist..Charlotte Marlowe...Candles and Sculpture

Many hands make light work...and it's more fun too!

Following a run of successful events at the end of last year we have decided to launch Tamar Valley Makers, a small group of artists working along the valley, ranging from Plymouth, Saltash through Gunnislake and surrounds to Tavistock.

We are: Allie Cole Art, Mrs Marvellous, LovellBall Jewellery, Stefania D'Amico, Gilly Spottiswoode Prints, Alison Freshney Ceramics and Bev Moody Design Moods; all members of Drawn to the Valley.

Between us we cover a range of arts and crafts - ceramics, textiles, embroidery, copper and silver jewellery, lino and other printing techniques, cyanotype, photography, painting and greeting cards.

We've been working cooperatively for a while, supporting each other with our small art businesses. We recognise the huge benefits of working like this, financially and organisationally. Each member of the group brings different skills and when we can, it is a real pleasure to get the whole team together!

We've had our first meeting of the year and have a range of events planned. First up is our Spring Fair in the Tamar Valley Centre 8th, 9th, 10th April. Do come and join us!

## Callington Rotary Club Craft & Food fair on the Saturday 4th June.

The Rotary Club are looking for any artists and makers who would be interested in having a stand at this event. It will be located in the Saltash Road Recreation Ground and along with the Craft & Food Fair there will be other entertainment. Please email Ren on [contact@drawntothevalley.org](mailto:contact@drawntothevalley.org) if you're interested.

## Lucy Worsey Lino Printing Workshop for Make A Difference Tavistock on Weds 16th March

This is a mental health charity inspired by community-based support, friendship and advocacy, whose mission is to provide people in West Devon and the surrounding area with creative and practical resources to improve their mental health and wellbeing.

The workshop will take place at the charity's premises at The Arch Workshops (under the viaduct) in Tavistock for four to six participants, who hopefully will all come away with a card or small picture which they have designed, carved and printed themselves.

If anyone is interested in finding out more about Tavistock Community Printing Group, please contact Lucy on [worseys27@gmail.com](mailto:worseys27@gmail.com) or 07772 255257.

## Ocean Studios, Royal William Yard, Plymouth. Creative Table on March 10th between 10-12.

Come to the inaugural event and create and talk around a large making table in the cafe.

This will be a monthly event on the second Thursday of each month. Ocean Studios will be the location of future DttV Exhibitions, giving us a home hub in Plymouth to complement our existing successful locations in the Tamar Valley.





## NEW Cornish Makers Markets

21st May & 6th August

Bringing together Cornish artisans

**Craft | Music | Food**

Free entry for guests

to apply please e:contactus@trepolandpen.co.uk

 Tre, Pol & Pen

Here at Tre, Pol & Pen we had some extremely well attended craft events in 2020 and are looking forward to our own Cornish Makers events. We are proud to be Cornish and have spent a lot of time and effort refocusing our brand on all things Cornish over the last 6 months. That's why this event will showcase only the very best of Cornish craft.

We have space available as follows on both dates:

- 10 x gazebo pitches
- 15 x undercover table pitches

On the day(s):

- Free for customers to attend
- Outdoor food and drink options
- Live music
- Free parking
- Event runs from 10am – 4pm

We are well known in the area for working with quality, artisan brands. We are easy to find on a busy through road and will be marketing the events heavily in the local area, on social media and through our B+B/Hotel network.

Offer: For a limited time we are offering these events at an introductory price of £25/event.

If you'd be interested in applying for a pitch please email us with a description of your product:  
contactus@trepolandpen.co.uk

## Art-Mounts



**Art-Mounts** offer a bespoke personal service, providing mounts for your artwork, photography and textiles to give a professional finish and designed to enhance each piece. Mounts are cut from premium quality, acid free mount board and come in a selection of colours. Mounts can be cut to standard sizes or your own measurements. You have the option to order single, double or multi aperture mounts, these can be assembled backed and wrapped ready for display.

For more information, please have a look at my website:

[www.art-mounts.co.uk](http://www.art-mounts.co.uk)

07931 950 733

jowaldron5@gmail.com



# Artist Working Days

The programme of Working Days for members will begin when the weather warms up a bit. For the first time, we are going to try something new, namely turning up to local beauty spots, gathering together for a packed lunch and then working or socialising, as you choose. Obviously, these working days will depend very much on the weather!

The following dates and locations are planned. We are trying to make events free of charge but there may be charges for parking and café purchases at National Trust and other properties.

Times for all events are yet to be confirmed as we need to establish interest before we can proceed further with planning. We therefore need to hear from you if you want to take part. We hope to add some more options to the list below, but this is what we have so far...

23.04.2022 Cadsonbury Woods  
07.05.2022 Ren's Garden walk/coffee  
21.05.2022 Paul Jeffries at Lamerhooe, Horsebridge  
05.06.2022 Pentillie Castle  
18.06.2022 Cheesewring & Minions  
02.07.2022 Cotehele House and Gardens  
24.07.2022 Pentillie Castle  
07.08.2022 Mount Edgcumbe

To confirm your interest or for more details, please email Ren on [contact@drawntothevalley.org](mailto:contact@drawntothevalley.org)



## GET INVOLVED – YOUR HELP IS NEEDED

The Drawn to the Valley Committee regularly issue 'call outs' for members to be involved in the organisation and planning of events during the year. It is so much better to be active and involved with our community than to be dissatisfied because you feel things could have been organised differently.

We have some specific roles to fill, namely: Newsletter Editor; Area Reps Coordinator; Working Days Coordinator; Open Studios Working Party, plus more working parties as we move through the events of the year.

We also need new committee members every year, please consider sharing your knowledge, experience and time to make DttV a flourishing organisation.

Email Ren if you are interested: [contact@drawntothevalley.org](mailto:contact@drawntothevalley.org)

## SOCIAL MEDIA FOR MARCH

**The hashtags for this month are:**

**#marchinthevalley #springinthevalley #drawntothevalley #thevalleyawakens.**

**REMEMBER TO LINK TO YOUR WEBSITE GALLERY IN YOUR POSTS**



# WORKSHOP OPPORTUNITIES

## **SOUTH WEST LEARNING - PLYMOUTH**

This is a shout out to anyone that is interested in contacting me to see if there are any courses that could be created that would assist the Plymouth community based around wellbeing.

Samantha Welsford

Curriculum Lead - Education Participation and Skills

Plymouth City Council

Hyde Park House, Mutley Plain

Plymouth

PL4 6LF

T 01752 304077

E [samantha.welsford@plymouth.gov.uk](mailto:samantha.welsford@plymouth.gov.uk)

[www.plymouth.gov.uk](http://www.plymouth.gov.uk)

## **BATTLING ON**

Additional funding has been secured which should allow the Battling On workshops throughout 2022. We currently have dates and venues available in March and April and more will become available in due course.

DTTV artists who facilitate the workshops will be paid £150 + reasonable resource costs. These workshops will generally be up to 3 hours long + setting up and clearing times other than when shorter sessions are appropriate i.e. for stroke or Dementia groups who only require 1 – 1.5hr sessions. They will be run at various venues across North & East Cornwall such as village halls including Merryhue Farm.

Any further questions or if you just want to chat through a workshop with me, then please feel free to email Sue Johns: [sue@battling-on.com](mailto:sue@battling-on.com)

## **TAMARA PARTNERSHIP NATURAL CONNECTIONS WELLBEING PROJECT**

As part of the Tamara Landscape Partnership Scheme, Sammy Fraser, their Community and Volunteering Officer is running a specific wellbeing focused project- Natural Connections.

Through this project they would like to extend the workshops that have been so successful through the COMF funded Battling On sessions by running trial sessions in different areas in the Tamar Valley. Like the Battling On sessions they would be focused on reaching those who may feel socially isolated, need a break from caring or suffering from physical and mental health issues.

The sessions would be free for the participants to access but DTTV artists will be funded through the Tamara project.

Interested artists should contact Sammy Fraser

T: 07522 709 428

E.: [samantha.fraser@cornwall.gov.uk](mailto:samantha.fraser@cornwall.gov.uk)

[www.tamaralandscapepartnership.org.uk](http://www.tamaralandscapepartnership.org.uk)



# EXHIBITION OPPORTUNITIES

## **COTEHELE AUTUMN EXHIBITION 'TAMAR VALLEY THROUGH THE SEASONS' 16TH SEP - 15TH OCT 2022**

The theme will be Tamar Valley Through the Seasons and as it the 75th anniversary of National Trust's ownership of Cotehele, artwork inspired by the house gardens and estate is welcomed.

To help give an indication of the space required, the organisers need to know which artists would like to be involved and how many pieces they would like to contribute.

Jon Fazel has been working on this with the gallery manager Allison Cowen and, because this is a special event, they hope to arrange a commission which is more favourable to the artists.

If you are interested in taking part in this event, please email Ren on:  
[contact@drawntothevalley.org](mailto:contact@drawntothevalley.org)

## **NEW WEBSITE OPTIONS FOR DRAWN TO THE VALLEY MEMBERS**

Due to a small technical problem with the user menu of the website, we have been doing a bit of administration to make sure everyone has the access they need. We discovered that many members did not have a login for the new website (note that if you had a profile and login on the old website, this is not applicable to the new website). This has now been remedied and an email with a new login will have been sent to you if you are one of the members in question.

All members who already have a login have been double checked to make sure they can access the user menu, which contains options to set up a profile and to submit additional/alternative items to appear in your gallery. There is now no limit to how many items you can display on your website profile. Please note that the links in the menu take you to the necessary forms, which arrive with Ren once submitted. It is not possible to make alterations to your profile and shop yourself, only Ren can make the necessary changes as administrator.

It is really important that you let us know promptly of any items in your shop which have been sold or rendered otherwise not for sale. You are welcome to keep them up on the website but they need to be clearly marked as not for sale so that no one attempts to buy them online.

Finally, do not forget to promote your gallery and shop by including a direct link in your social media posts and emails. Self promotion is key to making your gallery a success.



# COMMITTEE - WHO'S WHO



Sue Coleman  
Joint Chair &  
Sponsorship/  
Fundraising  
Coordinator



Juliet Cornell  
Joint Chair &  
Social Media  
Coordinator



Gilly  
Spottiswoode  
Treasurer



Lyn Edwards  
Outreach  
Development  
Coordinator



Kathy Lovell  
Committee  
Member



Stef D'amico  
Committee  
Member



Anne Payne  
Committee  
Member



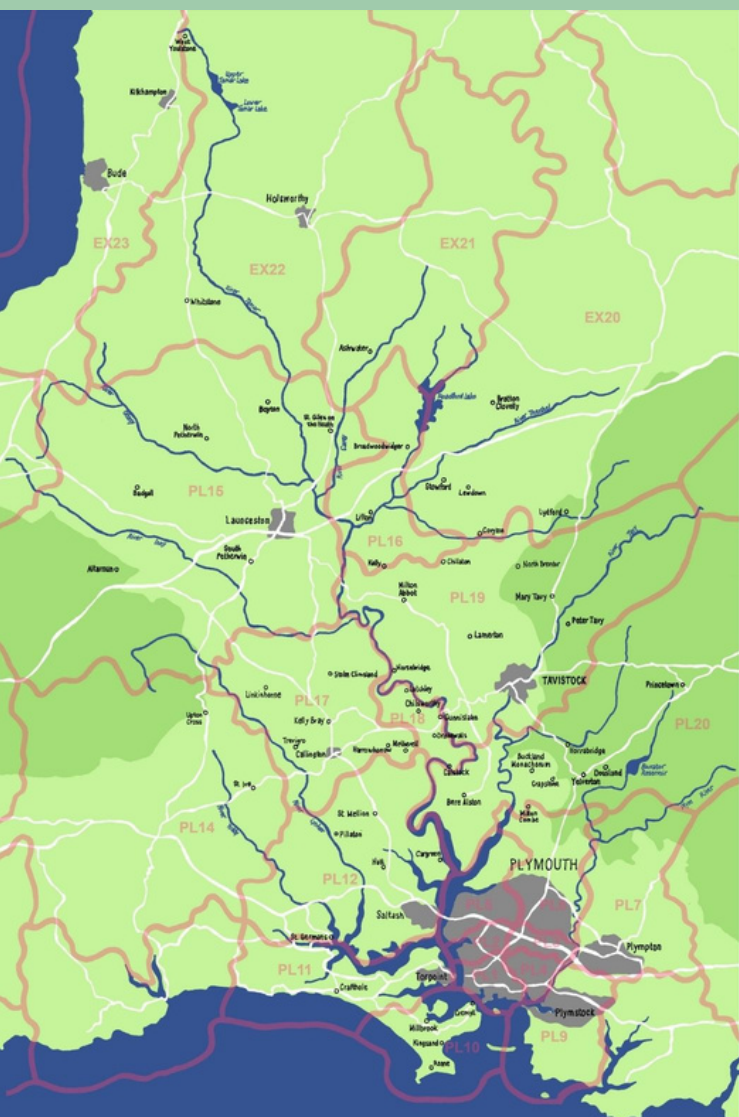
Jayne  
Ashenbury  
Committee  
Member



Debra Parkinson  
Committee  
Member



Ren Jackaman  
Administrator



## WHO'S YOUR AREA REP?

**BUDE/LAUNCESTON/LIFTON:** PL15, PL16 & EX23  
**ANITA TOWNSEND**  
mongoosemoondaisy12@gmail.com 01822 860123

**GUNNISLAKE/CALSTOCK:** PL18  
**PETER URSEM**  
peter@peterursem.co.uk  
07786 558624/ 01822 833668

**SALTASH:** PL12  
**JOANNA SHEPHERD**  
hello@mrsmarvellous.co.uk  
07721 453385

**TAVISTOCK:** PL19  
**KATY CHOROSZEWSKA**  
katycho@icloud.com  
01822 612694

**RAME PENINSULA:** PL10 / PL11  
**CHARLOTTE SAINSBURY**  
casainsbury@hotmail.com  
01752 658737

**YELVERTON:** PL20  
**ANNE CROZIER**  
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01822 840270

**PLYMOUTH :** PL1 – PL7 & PL9  
**MARY TOON**  
maryfeltamazing@yahoo.co.uk  
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**JILLIAN MORRIS**  
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**CALLINGTON:** PL14 & PL17  
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